LENNY AESTHETICS • NURSE LED CARE

Skin Tag and Blemish Removal Aftercare

Follow this guidance for the safest recovery and best results.

What to do

- A small scab will form. Do not pick or scratch. Let it fall away naturally in 5 to 14 days.
- Keep the area clean and dry for 48 hours.
- No makeup, creams or perfume on the site for 48 hours.
- Avoid swimming, saunas and heavy exercise for 5 days.
- SPF 50 on the healing site once fully closed. Sun exposure can darken new skin.
- Contact the clinic for signs of infection: spreading redness, pus or increasing pain.

Need to reach us

If anything feels unusual, get in touch straight away. Email Lenny4uclinic@gmail.com or contact the clinic through the website.

This guidance is general aftercare advice and does not replace bespoke instructions given to you at your appointment. Always follow the specific plan agreed with your clinician. © Lenny Aesthetics. For personal use only.